

Central United Methodist Church  
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Non-Profit Organization  
US Postage Paid  
Radford, VA  
Permit Number #17

*Return Service Requested*



October 4, 2016

### **Mark your Calendar**

#### **October 5**

3:30p Wonderful Wednesday  
5:00p Children's Choir  
6:30p Pastor Bible Study  
6:30p Handbell Choir  
7:30p Chancel Choir

#### **October 6**

1:30p Grief Group  
6:30p Experiencing God Study

#### **October 7**

7:00p Knitted Together

#### **October 9**

4:15p F5  
6:00p U-Nite  
7:00p Nominating Committee Mtg

#### **October 10**

7:00p Evangelism Committee Mtg

#### **October 11**

6:30p Disciple I Bible Study  
6:30p Women's Bible Study

#### **October 12**

3:30p Wonderful Wednesday  
5:00p Children's Choir  
6:30p Pastor Bible Study  
6:30p Handbell Choir  
7:30p Chancel Choir

#### **October 13**

6:30p Experiencing God Study

#### **October 14**

*Newsletter Articles Due*  
12:00p Kitchen Angels  
7:00p Knitted Together

# Central News

Central United Methodist Church

## *From My Perspective*

When I arrived at my new congregation, nearly 20 years ago now, I was warned about one man. "Look out for him," they said. "He has a bad temper and could snap at any moment," said another. "He manages to hijack every meeting this church ever has, and turns it into a fight," I was told.

The Lord had plans for this man, probably different from the ones the man had for himself. Somewhere along the way, we were able to channel all that energy and put him to work taking care of the church facilities and other property. He was newly retired, relatively healthy, and had a great deal of energy and time. His change was immediately noticed. People began asking, "What happened to him?" What happened was that he found fixing the problem was a lot more satisfying than simply pointing out the problem.

I spoke with you Sunday about this, and I want to remind you of the importance of this to the life of our church. For the past couple of years, we have asked for each person in our congregation to volunteer to serve in some kind of ministry role in our congregation. Scores of people have answered the call to volunteer to help sustain vital ministries in our church. It has been gratifying to watch people get off the sidelines and go to work doing ministry. What we find is that everybody can do something.

Over the next couple of Sundays, the volunteer forms that you have seen in the past will be distributed once again. You will have the opportunity to become a member of one of our ministry teams. We want you, and we need you.

I encourage you to begin praying and thinking about areas where you can best serve in ministry. Then, on October 16, we will begin receiving your commitment forms. We need you to step up and make a difference.

See you Sunday. What we do here matters.

## **FALL FELLOWSHIP EVENT**

Throw on your Halloween costume and join us at CUMC on Sunday, October 30th for an evening of fellowship!



### **5:15p - Soup, Chili & Sandwich Potluck**

Bring something delicious to share, and enjoy a fall meal with your church family! When you're done eating, work on a craft or have fun at the photo booth!

*Soup and Sandwich Supper*



### **6:15p - Family-Friendly Worship**

### **7:00p Flashlight Candy Hunt**

for kids through 5th grade!



# Upcoming Events

## October Meetings

We're coming into an especially busy time in the life of the church!

If you serve on the following teams, please make note of the scheduled meetings:

- **Nominating Committee**, Sunday, October 9th at 7:00p
  - **Evangelism Team**, Monday, October 10th at 7:00p
  - **Care Shepherds**, Sunday, October 16th at 12:15p
- **All Hands on Deck**, Monday, October 24th at 6:00p
  - **SPRC**, Monday, October 24th at 7:00p
- **Administrative Board**, Sunday, October 30th at 7:00p

## CFAA Concert in the Park

Join the Central Fine Arts Academy for a Concert at the Bisset Park Gazebo on Sunday, October 16th at 1:00p Bring a picnic lunch and chair and come enjoy the music of some of our very talented students!

## UMM

United Methodist Men will meet on October 17th at 6:30p All men of the church are invited. RCPS Superintendent, Rob Graham, will be our guest speaker

## WEOs

WEOs will meet on October 20th at 12:00p. Please bring soup, sandwiches or a dessert to share for lunch, and stick around to play games afterwards. Wear your Halloween costume, we'll give a prize for best dressed!

## Firewood Ministry Trip

Come help with the firewood ministry of Project Crossroads. Friday, October 21 & Saturday, October 22, join others from Central to help cut, carry, and load firewood for Project Crossroads. Come for one day or both. Stay in the mission house in Marion Friday night or sleep in your own bed. This is open to men, women, and youth over age 13. Particularly needed are people with chain saws! All you need is a willing heart to serve the Lord. See Jerry Krebs or Martha Kincaid or contact the church office to sign up.

## Choir Retreat

It's (almost) the most wonderful time of the year! We will kick off the season with a choir luncheon and rehearsal session on Sunday, October 23rd from 1:00-3:00p in the Fellowship Hall. Please confirm your attendance to Alice as soon as possible.

## Save the Date - OCC Trip!

Central will send a team to help work in the Operation Christmas Child Processing Center in Boone, NC on **Tuesday, December 6th**. If you would like to go with us to help ready the Christmas Shoeboxes for their trip around the world to share the love of Jesus, please contact Marcy Harless or Martha Kincaid. More details to follow.

# Children & Youth

## F5 & U-Nite

This month's F5 & U-Nite will be held on October 9th. Children grades K-5 can be dropped off in the Fellowship Hall at 4:15p. Dinner for everyone begins at 5:30p followed by our monthly youth-led service, U-Nite, at 6:00p.

## OPERATING BUDGET

|                  | 9/25/16   | 10/2/16   |
|------------------|-----------|-----------|
| Needed YTD       | \$379,185 | \$388,908 |
| Received YTD     | \$361,517 | \$376,152 |
| Building Fund    | \$600     | \$1,205   |
| Designated Gifts | \$1,045   | \$240     |
| Received Sunday  | \$7,856   | \$14,635  |

## ATTENDANCE

|                     | 9/25/16 | 10/2/16 |
|---------------------|---------|---------|
| Morning Worship     | 91      | 116     |
| Sunday School       | 134     | 130     |
| Traditional Worship | 138     | 140     |

## Total Worship

229 256

## VOLUNTEER SCHEDULE

**Nursery, Sunday October 9**  
Matthew & Suzanne Saunders  
Scott & Casey Hamblin, Karen Radford

**Nursery, Sunday October 16**  
Amber Hollins, Abby Dangerfield  
Margarette Dobbins, Amy Shrewsbury,  
Mary Simms

**Meet and Greet, Sunday October 9**  
GYFT

**Meet and Greet, Sunday October 16**  
Pairs & Spares/New Spirit

## PRAYER REQUESTS

|                      |                  |
|----------------------|------------------|
| April Salvant        | Don Morton       |
| Pat Yanhko           | Johnny Crews     |
| Billy & Janet Angell | van Kamp         |
| Ann Helms            | Graham & Jennie  |
| Kathleen Ratcliffe   | Simmerman        |
| Kirby Lewis          | Family of        |
| Nancy Brooks         | David Shrewsbury |

## PRAY FOR OUR MILITARY

Ryan Haynes – California  
Kerry Keys – South Korea  
Jeffrey Kincaid – Hawaii  
Elizabeth Venegas – North Carolina

# Giving Thanks

Special thanks from Brad Angell and the UMM for all the help preparing the food and those who supported the fish fry.

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A big thanks to everyone who made worship in the park a success. Your help was greatly appreciated.  
- Fellowship Committee

# Notable Notes

## Gleaning

Gleaning is the traditional Biblical practice of gathering crops that would otherwise be left in the fields. Some growers allow crews to pick what is left after harvest to donate to those in need. The food we gleaned last year was used locally at the Radford Fairlawn Daily Bread and the Radford Worship Center's food distribution, and sent to food banks in North Carolina, Roanoke, and Winchester. Local gleaning opportunities arise throughout the fall. Any age is welcome to participate: seniors, retirees, college students, families, Sunday School classes, scout groups and youth. If you are interested in donating a few hours to help feed our brothers and sisters, please contact Martha Kincaid to be put on the contact list and notified about gleaning opportunities as they are scheduled.

## Grief Group

Central UMC seeks to aid those who grieve for whatever reasons by sponsoring a Grief Support Group. We meet the first and third Thursday of each month in Room 119 at 1:30p (on third Thursdays, we meet directly after WEOs). The sessions usually last 60-90 minutes. There are only two rules to follow: 1) everyone who wishes to talk will have a chance to do so and 2) everything discussed in the session is held in confidence. All are welcome to come and share or just come to listen to others. Call Larry Masters with questions at.

## Lifeline Screening at CUMC

Life Line Screening, a leading provider of community-based preventive health screenings, will offer their affordable, non-invasive and painless health screenings at Central UMC on November 10th. Five screenings will be offered that scan for potential health problems related to: blocked arteries which is a leading cause of stroke; abdominal aortic aneurysms which can lead to a ruptured aorta; hardening of the arteries in the legs which is a strong predictor of heart disease; atrial fibrillation or irregular heart beat which is closely tied to stroke risk; and a bone density screening used to assess the risk of osteoporosis. Register for a Wellness Package which includes 4 vascular tests and osteoporosis screening from \$149 (\$139 with our member discount). All five screenings take 60-90 minutes to complete.

**In order to register for this event and to receive a \$10 discount off any package priced above \$129, please call 1-888-653-6441 or visit [www.lifelinescreening.com/community-partners](http://www.lifelinescreening.com/community-partners).**